

NEWS RELEASE

Date June 2010

## **SPORT AND FUN COMBINE FOR ARVAL STAFF**

To coincide with the excitement generated by the World Cup in South Africa, major Swindon-based employer, Arval is embarking on its own week of sporting endeavour as it hosts an event-filled Summer Fun and Sports Week in late June at the Arval Centre at Windmill Hill.

Running from June 21<sup>st</sup> to June 26<sup>th</sup>, the week of timetabled sporting and fun events has been devised to encourage Arval employees to have a go at a range of activities, whether it's some physical activity for a healthy and active life or to simply have some fun in the workplace. A series of lunchtime and evening sporting and fun events has been organised and include volley ball and table tennis tournaments, cricket, football and mixed netball matches, cookery demonstrations, bingo sessions, a charity table sale, and even a World Cup inspired fancy dress day. A highlight of the week is an employee bike ride from Swindon to Birmingham which will be tackled on Thursday 24<sup>th</sup> June.

The week of frantic activity culminates in the Arval Family Fun Sports Day at Lydiard Park on Saturday 26<sup>th</sup> June. It will see sporting challenges including rounders and 6 a side football tournaments run alongside family fun events such as tug of war, skittle alleys and rides for staff members' children.

Julian Brand, Company Secretary, Arval says: "The Summer Fun and Sport Week is the culmination of a lot of hard work by a number of our dedicated employees. We want to encourage staff to enjoy the general health benefits of sporting activity, but also provide a series of fun events that will appeal to a wide range of people. I believe the week's packed timetable offers something for everyone and fully expect to see many Arval employees taking part and enjoying the week."

**Ends**

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**Editor's Notes**

**Arval**



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